

On Fire Fit/Booty Ballet

Teens and Adults

Fall 2018

This is a 60 or 90-minute class that is designed to exercise and tone up with a fusion of yoga, pilates, PiYo (pilates/yoga) and barre as the base. We incorporate light weights, stretching, core and abdominal work.

You DO NOT need dance experience!

~Class times~

Friday 9:00-10:00am

Saturday 8:00-9:30am

~Cost~

Purchase a card for as many classes as you wish to take. You can take any of the above classes in any combo you prefer..

4 classes \$60

8 classes \$100

12 classes \$120

20 classes \$160

Drop-in rate \$17

Cards must be used within 3 months

Purchase cards at the front desk.

Tustin Dance Center

14662 Franklin Ave. Suite C

Tustin CA 92780

Questions? Jennie (714)335-9100 or onfirefit@gmail.com

Coaching also available as group or individual